

Jurassic Coastal Walk **UPDATE** July 2026



Golden Cap was worth the climb!





Walk 1 was along the prom from Hengistbury to Sandbanks, or that was the plan! Unbelievably now in the 2nd heatwave, the weather was so bad that we were unable to safely complete the walk on the day!

Walk 2 was very different from Seaton just into Devon, to Lyme Regis on day 1, & Lyme to Seatown on day 2 via the mighty Golden Cap! It was a fabulous walk and quite demanding. 15miles, 190 floors [x3m], 40,000 steps, on balmy days! Stunning views, walking groups & individuals met, a nights stopover in Lyme, wildlife along the Jurassic coastal walk.

Next: Walk 3 from Seatown to West Bexington on Fri 24 July, then on to Abbotsbury on Sat 25 July, **How about joining us?** Both are around 7.5m & classified as 'moderate'. We are staying over at West Bexington at the Manor House, but each days walk is a possible choice.

Transport: Contact Keith Loveless to help make your travel arrangements

The Big Plan

100 Miles for Charity in biteable chunks over 4 months! Join a 100-mile charity walk along Dorset's stunning Jurassic coastline, open to Rotary clubs, churches, family, friends, and anyone wishing to participate at their own pace and ability.

Please click on the JustGiving [LINK](#) for full information and giving details.

This is a charity fundraising walk that is planned for local Rotary clubs, Dorset churches, family & friends, and others too, for, on an individual basis folk to join in at their own comfort & ability level. It may be that it is watching online from an armchair, or joining together at the start & finish to encourage those taking part, or joining us for one or part of one of the legs, or helping on the fundraising side.

The walks will be in sections, on Fridays and Saturdays, through June to October.

Anyone will be welcome to join me for a days walk. There is no formal organisation intended, so every walker will be independent & self-sufficient. I guess travel arrangements will be an important part of this and as things develop then there may be connections made.

Following the walks online is part of my plan.

Progress updates are available via a WhatsApp group. To receive updates just text your name & mobile number to me at 07768 197095. Alternatively you can email me on kes.loveless@gmail.com

All monies raised by me will be gathered through the JustGiving page and our Rotary Club Charity account.

100% of the money donated in this way will go to the 3 charities:

- Hope For Food
- The CRUMBS Project
- Dorset Historic Churches Trust

I hope you will enjoy, whether in the comfort of your armchair, on a short part of one of the walks, a whole days walk, or to send the walkers off on the first day at Hengistbury or welcome us back at Hengistbury at the end of the last day!

I am inviting:

1. Rotary clubs along the trail to join in one way or another
2. Churches along the trail & through Dorset to join in
3. St Johns Church Wimborne
4. Family, friends & colleagues to join us.

The JustGiving page is linked to our Bournemouth East Cliff Rotary Charity account which will handle & distribute the payments. Our trustee & former NatWest International Banker will be helping manage that process.

I hope to see you on one of the beautiful walks.

Keith Loveless

East Cliff Rotary Bournemouth