

Jurassic coast walks [Day walks, or 2 day walks if you stop over to do 2 back to back walks]

	Walks	Day	Date	Location	Distance in m	Time est. [approx]	Rating
Week 1.	Walk 1	Sat	06-Jun	Hengistbury to Sandbanks [The Haven]	8 miles	4 hours	Easy
Week 2.	Walk 2a	Fri	03-Jul	Seaton to Lyme Regis	7 miles	5 hours	Moderate
	Walk 2b	Sat	04-Jul	Lyme Regis to Seatown	7 miles	5 hours	Moderate
Week 3.	Walk 3a	Fri	24-Jul	Seatown to West Bexington	7 miles	5 hours	Moderate
	Walk 3b	Sat	25-Jul	West Bexington to Abbotsbury	4.5 miles	3 hours	Moderate
Week 4.	Walk 4	Sat	01-Aug	Abbotsbury to Ferrybridge [Weymouth]	11.5 miles	5/6 hours	Easy
Week 5.	Walk 5a	Fri	14-Aug	Ferrybridge to Osmington	7.5 miles	5 hours	Challenging
	Walk 5b	Sat	15-Aug	Osmington to Lulworth	7.5 miles	5 hours	Challenging
Week 6.	Walk 6a	Sat	05-Sep	Lulworth to Kimmeridge	8 miles	5.5 hours	Challenging
	Walk 6b	Sun	06-Sep	Kimmeridge to Worth Matravers	7.5 miles	5.5 hours	Challenging
Week 7.	Walk 7a	Fri	02-Oct	Worth Matravers to Swanage	7 miles	3.5 hours	Moderate
	Walk 7b	Sat	03-Oct	Swanage to South Haven [Sandbanks ferry]	7 miles	3.5 hours	Moderate
Week 8.	Walk 8	Sat	17-Oct	Sandbanks [The Haven] to Hengistbury	8 + 3 miles	4-5.5 hours	Easy

* Stop overs if intended, to be organised by walkers

* Walkers are to be wholly self sufficient

* All walks are based on the current South West Coast path updates

* No persons under 18 unless accompanied by an adult